

Voting at Day Spring

Our participants exercised their right to vote while staying safe and healthy at home by casting mail-in ballots. While this has been a different experience than going to the polls to vote, our participants were proud to participate in this important civic responsibility. Daniel Noltemyer, who usually goes to the polls to vote, used an absentee ballot this year. "I miss work, but the good thing is I've been doing what Governor Andy Beshear has been saying and staying at home."



Join our team!

We're hiring Direct Support Professionals! To apply, please visit dayspringky.org.

At Day Spring we celebrated National Direct Support Professional Recognition Week by recognizing the vital work our DSPs do to support our participants.

"The Direct Support Professionals are quite literally the embodiment of Day Spring's mission. It's the most important work that we do," said Amy Barnes.

Amy, Chief Program Officer, started at Day Spring 20 years ago as a DSP. "The only reason you stick around is because of the relationships you form. It becomes very personal. Suddenly you're an advocate and doing everything you can to get a participant what they need to live their best lives, not because you have to, but because you want to."

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Use smile.amazon.com and select Day Spring Foundation Inc. as your charity! Amazon Smile will give back a percentage to Day Spring, at no cost to you.

As the push for online Christmas shopping begins, please utilize smile.amazon.com to help Day Spring, every penny counts!



Kroger rewards program supports Day Spring Foundation! To get started, register your Kroger Plus Card at: www.krogercommunityrewards.com and select Day Spring Foundation. Use your reward card with every purchase to help Day Spring.

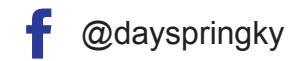
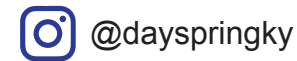
Holiday Events

This year so much has happened, and yet so much won't happen, including many of our traditional holiday celebrations and family gatherings. While we may not be able to come together in-person in all the old familiar ways, Day Spring staff and participants are excited to make new and special memories together. Some things we are looking forward this season include a holiday door decorating contest, a special virtual Christmas bingo night via Zoom, making gratitude trees, and holding Friendsgiving's.

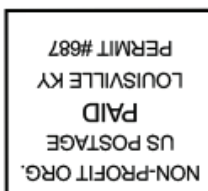
In addition to celebrating safely, it became clear that everyone at Day Spring wanted an opportunity to give back some of many blessings we've received through the years. Be sure to follow us on Facebook to learn more about the various service projects our participants are undertaking this holiday season, including a Dare-to-Care food drive, making Christmas cards for soldiers overseas, and making fleece blankets to benefit Louisville's homeless population.

It is the season for giving and gratitude, after all!

Stay up to date and follow us on Instagram and Facebook



Transforming the world for people with developmental disabilities



DAY SPRING

Sun Times

Fall 2020

Golf Classic 2020: Presented by Roller Die + Forming



Once again, our community came together to support Day Spring's Golf Classic, one of our organizations most important annual fundraisers. This year, Day Spring has been following strict COVID protocols to keep our residents and staff safe, so it made sense to approach this event in the same manner. With some creative thinking, we found a way to host the event in a socially distanced manner, which enabled us to keep our sponsors, players, volunteers, and staff healthy. We are so grateful for the support of our generous sponsors, teams, and players who made this event a success. A special thank you to the Golf Chair, John Barber, for his leadership during a challenging year.

Thank you to all our sponsors!

Spirit of Day Spring Award



The Spirit of Day Spring award is given each year to an individual who has shown longstanding commitment and support of our mission. This year, the Spirit of Day Spring award is presented to Ray Hammons, of Roller Die + Forming. His company has served as presenting sponsor of the Golf Classic since 2015. Congratulations, and thank you, Mr. Hammons!



This year Day Spring staff are thinking creatively to adapt and honor much loved holiday and seasonal traditions to keep spirits up and everyone healthy. Instead of going to a pumpkin patch, we brought the pumpkin patch to Day Spring! The Pumpkin Palooza was held on the front lawn of the Ford Community Center on the Illinois Avenue campus. Staff members set up a pumpkin patch, with 120 pumpkins generously donated by Mulberry Orchards. Each participant was able to pick a pumpkin and enjoy cookies with apple cider. We practiced mask wearing, social distancing and each house attended separately at a designated time. A great time was had by all!



Pumpkin Palooza



Special thanks to Mulberry Orchard for their donation of pumpkins!



Walking on Sunshine



I nominate the Letter P as Letter of the Year! We started 2020 by learning about things like PPE (Personal Protective Equipment) and PPP (Payroll Protection Program), and even the importance of TP (well, you know!). As we come to the close of 2020, I propose that we embrace the Letter P and celebrate all it brings to our lives:

Perspective: As winter approaches, three seasons into the pandemic, let's remember that this time will not last forever. Every day we are closer to a day when all is better. Until then, we realize the value and importance of friends, families, communities, public servants, neighbors, and fellow Americans. Perspective is everything! Let's keep seeing all the good that surrounds us, even if temporarily from a distance.

Patience: It is said to be a virtue. Perhaps that is truer now than ever. Waiting is hard! But when we wait patiently, we become more aware of the beauty, wonder, and goodness that is easily overlooked in busy, rushed lives. And, most of us can benefit from a little more rest, so enjoy an afternoon nap or a chance to sleep in a few extra minutes.

Passion: Ancient wisdom tells us, "Greater love has no one than this: to lay down one's life for one's friends." How fortunate we are that we can keep each other safe by doing such simple things: wear a mask, socially distance, wash your hands, avoid crowds for a while. Let's be there for each other in life-saving ways. We can do this!

Perseverance: Keep calm and carry on! We are stronger than Covid and we will prevail, if we just keep on keeping on for a while longer.

Planning: While we are hunkered down, Healthy at Home, we have the gift of time. Time to be creative and do things we have wanted to do for so long. Read a good book, write a letter, paint a wall, sort your socks, make a good cup of hot chocolate the old-fashioned way with marshmallows on top. Plan to accomplish something that makes you feel good. Plan that next vacation, project, or act of kindness. The future will be here before you know it!

Prayer and Plenitude: Give thanks for everything you enjoy every day: a home in which to hibernate, delicious food, fresh air, telephones, voices of those we love, people helping people, a funny thing you heard, and let's not forget, toilet paper! We are so blessed! Pray for each other, pray for Day Spring, and, pray for all the good we already enjoy as well as what 2021 will bring!

May your holidays be safe and blessed with peace, joy, grace, and love! I am so grateful for you! Please stay safe, take care, and practice the 6 P's!

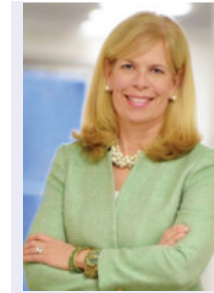
-Sarah Trester, CEO

Compassion, a Way of Life at Day Spring



Over the past eight months daily life for everyone has shifted in almost every way imaginable, from participants connecting with their friends and family in a safe way via Zoom, to DSPs giving haircuts or "corona-cuts" to participants. While it's been challenging, our participants and families have shown great compassion for each other. Amy Barnes, Chief Program Officer, shared that the most beautiful part of Covid-19 has been witnessing the compassion our participants have shown for each other. Thomas Merton said, "Compassion is the keen awareness of the interdependence of all things." Our participants have shown that they can rely on each other when times are tough.

Hindsight is 2020



It is said "hindsight is 2020," and this year some have joked that phrase was a message from a future time traveler that we all misunderstood! On a more serious note, no one anticipated the length and depth of this pandemic crisis, but we also could not have predicted such an outpouring of support for Day Spring.

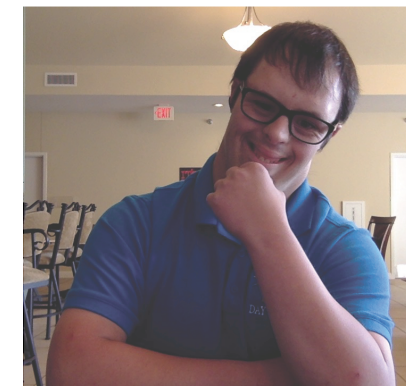
Because of COVID-19, Day Spring had to cancel and reinvent our two most important fundraisers, the Empower Breakfast and Golf Classic, to virtual and socially distanced events. We raised fewer dollars, and yet, sponsors returned, and donors gave. When we couldn't get enough masks or PPE, volunteers donated over a 1000 handsewn masks, and individuals and companies delivered hand sanitizer and PPE to our front doors. When our budget was stretched thin due to unforeseeable and extraordinary expenses, Day Spring applied for and received grants from local foundations including the Community Foundation of Louisville, UPS, and Delta Dental. In hindsight, I believe this generosity is what we will remember, and the stories we will tell.

As the pandemic continues, your support is needed more than ever.

Day Spring residents are a particularly vulnerable population of people; many are elderly and/or medically fragile. Government reimbursements have never been enough to cover the actual cost of providing care at Day Spring, and the pandemic has only made that divide wider. This crisis continues to strain our budget, adding many expenses including overtime, extraordinary health and safety protocols, and medical supplies. You can help us protect our residents and support the frontline direct support professionals providing care around the clock, by donating today. Every donation makes a difference.

You can give by returning the enclosed envelope, donating online at www.dayspringky.org or calling Susan Ward at 502-883-6705 to discuss making a planned gift or stock transfer.

Susan Ward, Director of Development



Zachary Kalley on Spectrum News.

THE COLLEGE FOR LIVING IN THE NEWS

Zachary Kalley is an essential worker at UPS. Throughout the pandemic he has continued to work, attend classes, and stay active in the College for Living. Zachary's story of persistence was featured on the local Spectrum News in August. To view the story, please visit the College for Living's Facebook page.

Daniel Noltemyer showed off his cooking skills on Great Day Live in September. In this segment, Daniel cooked "eggs in a nest" a recipe he taught during a Kitchen Master class at the College for Living. To see this story and learn how to make eggs in a nest, please visit the College for Living's Facebook page.



Daniel Noltemyer on Great Day Live.

The College for Living is expanding! If you or someone you know is interested in applying for the College for Living, please contact Samantha Harrison, at samantha.harrison@dayspringky.org.



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